

C.O.P.E.

CARE. ORGANIZATION. PUBLIC ENLIGHTENMENT.
(Cancer Awareness Network)

2013 NEWSLETTER



This award is dedicated to all breast cancer survivors and to those who have fought and lost the battle.



Mrs. Kehinde Gbelee ★★★★★
Major contributor to the success of our 2013 events

FROM THE PRESIDENT'S DESK

Happy New Year to you all!

What a year 2013 was. It was indeed a busy one. Our thanks go to Skye Bank Plc for making all our screening activities a success.

We had participants from neighboring states that came to participate in all our free monthly Breast Ultrasound Scan programs. In the same vain, many in Lagos State are still looking forward to more screening programs this year.

I should note that it is rather unfortunate that despite our numerous breast cancer awareness campaigns, some women still present late. We therefore encourage women to take advantage of our facility by coming for our free breast ultra sound scan examination at least once a year.

We are advocating for early detection, which is cheaper and will provide women with the opportunity to seek a second opinion before it gets too late.

Our October free breast ultrasound scan examination program in marking the National Breast Cancer Awareness Month (NBCAM) was a huge success with the collaboration of Nigerian Breweries Plc, PZ Cussons Nigeria Plc, and Cadbury Nigeria Plc.

Furthermore, we would be remiss not to appreciate the following organizations for their support and commitment in achieving our 2013 goals:

- 1) We again thank Skye Bank Plc for making our monthly free ultrasound scan examination a success, for donating a 40KVA generator, and for sponsoring our latest Breast-self-examination poster.
- 2) Our appreciation also goes to LTV and EKO 89.7FM for their consistent support and effort in creating awareness for well over 15 years. Words cannot convey our gratitude.
- 3) Our thanks to Citibank for their yearly donation and contribution.
- 4) Finally, we most respectfully acknowledge with thanks, Mr. Tola Adeyemi and Mrs. Kike Ajeigbe for their family contribution in memory of their late brother Mr. Desmond Olatokunbo Adeyemi.

To end, I particularly and most sincerely thank the entire vibrant and committed Board of Trustees, Patrons, Staff, and Volunteers of COPE for their unwavering contribution. Here's to an interesting and fulfilling 2014.

God bless you all.

SPECIAL ACKNOWLEDGEMENT & THANKS

(MONETARY DONATIONS)


Diamond

Skye Bank Plc
5 Million & above


Platinum

3 Million & above


Gold

LTV (Lagos Television)
1 Million & above


Silver

EKO 89.7FM
Citibank Plc
500,000 & above


Bronze

- Family of Mr. Tola Adeyemi and Mrs. Kike Ajeigbe
 - Mr. Hector Etomi
 - Otunba Seyi Oduntan
 - Engr. Afolabi Oladele
- 50,000 & above**


Others:

- Nigerian Breweries Plc
- PZ Cussons Nigeria Plc
- Cadbury Nigeria Plc

Ekiti State Ministry of Women Affairs, Social Development & Gender Empowerment in collaboration with Ekiti Development Foundation (EDF) and Care. Organization Public Enlightenment.

Health check on Breast and Cervical Cancer, Random Blood Sugar, Blood Pressure and BMI for FOWIL & FOSES0 Members.



**2013 Board
Meeting
held on
Thursday
April 18 at
Lagos
Sheraton
Hotel &
Towers**





Mr. Tola Adeyemi and Mrs. Kike Ajeigbe donating a cheque in memory of their late brother Mr. Desmond Olatokunbo Adeyemi to COPE

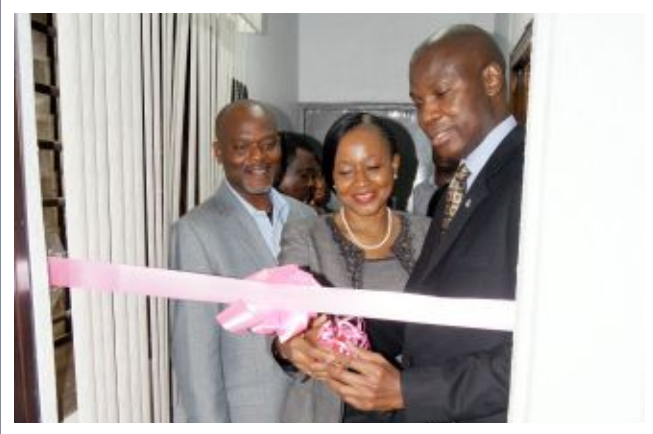


Vice President of COPE, Mrs. Kehinde Gbelee making a cheque donation to a recipient.



Mrs. Anozie presenting a cheque donation to a recipient.

1st of August - The commissioning of breast cancer screening room donated by Skye Bank Plc by the Group Managing Director of the Bank Mr. Kehinde Durosini-Etti





2013 SCREENING

- AUGUST,
- SEPTEMBER,
- OCTOBER AND
- NOVEMBER



**Friday 18 October,
2013**

In commemorating Breast Cancer Awareness Month COPE in collaboration with the entire female staff of KPMG left no stone unturned by making sure everyone got screened - blood pressure, sugar level, breast and cervical.

Venue: KPMG Head Office,
Bishop Aboyode Cole Street,
Victoria Island, Lagos.



October 19th 2013 Pink Crusade - The Diva's Tussle is Doris Ariola's contribution to the fight against a silent serial killer breast cancer through the entertainment industry. She wanted an aggressive approach, to match breast cancer with the same



October 27th 2013 MICA - Movement for Islamic Culture and Awareness organized a walk and lecture in partnership with COPE in marking Breast Cancer Awareness Month.





Breast Cancer Lecture at Broadband Technologies, Ikoyi Lagos.



Ekiti State 3rd Gender Summit 2013



COPE CEO at Radio Continental



February 4 World Cancer Day, Prof. Remi Ajekigbe, Consultant Oncologist (LUTH) and COPE CEO being interviewed at Murhi International Television (MITV)

The WOW (Women on Wellness) 5th Anniversary Award.





CARE GROUP

Care Group is our own unique support system {patient centered therapy} for breast cancer patients and survivors, which cuts across participants on diet, physical activities, family/group counseling and other vital information needed for survival. It is an interactive and informative platform.

The challenges of breast cancer are numerous but it is comforting to know that you are not alone.

The following are some of what we have available in this **New Normal World** to restore self confidence

- Prosthetic bras
- Breast forms/pads
- Special make-up accessories
- Wigs and turbans

We offer information, support services to clients, their family and friends, the public and healthcare professionals.

Participants meet from 11.00am - 2.00pm every 3rd Thursday of the month and exchange ideas in a welcoming and secure environment.

Remember you cannot go on this journey alone!

The service is free and confidential

Please call: 08094442223

Office hours: Monday - Friday, **8.00am - 5.00pm**